Sample Benefits Booklet



March 1, 2009 – February 28, 2010 Employee Benefits Package

This booklet provides a summary of the employee health benefit package available to you. We hope you will find this information helpful and informative when making your benefit elections for the 2009-2010 plan year.

See Inside for Benefit Highlights

- Blue Cross Blue Shield Medical Plans
- Standard Dental Plan
- Standard Base Life and AD&D Plan
- EyeMed Vision Plans
- Standard Disability Plans
- Flexible Spending Accounts
- Retirement Plans

Dear Employee,

Recent reports indicate that U.S. healthcare costs continue to rise at twice the rate of inflation and analysts warn that the nation's healthcare bill will shoot past \$4 trillion by 2015. These are staggering numbers and something that impacts us all. It is the City of Dunwoody's goal to strike a balance between making smart choices in selecting our benefit plan options that help control our healthcare costs yet provide the protection that you and your family need.

We feel it is our responsibility to educate our employees in understanding the basics of how health insurance works so they have an understanding of what impacts the cost of healthcare. We also feel it is our responsibility to help our employees navigate through the various options the City of Dunwoody makes available so they can make a well thought out decision and receive the full value of the available benefits.

We have chosen Blue Cross Blue Shield of Georgia as our preferred provider for health insurance for the City. This choice is based on their deep experience in working with municipalities and large network of physicians. We also researched plan alternatives for dental, life, disability, and vision insurance and selected insurance carriers and plans that are competitive with other local municipalities. We are pleased to recommend Standard Insurance Company for dental, life, and disability insurance. Eye Med will be our provider for vision benefits. In addition to these benefits, we are also offering medical and dependent care flexible spending accounts and an employee assistance program.

Please spend time reviewing the information throughout this booklet. Keep in mind the information presented is only an illustration of the benefits available to you and the Carrier's contract will prevail. Understanding your health plan options and utilizing them effectively can save healthcare dollars and ensure the best healthcare for all of us.

Best Regards,

City of Dunwoody



2009-2010 Health Insurance Carriers

| Medical | Blue Cross Blue Shield of Georgia |
|----------------------------|-----------------------------------|
| Dental | Standard |
| Vision | EyeMed |
| Base Life and AD&D | Standard |
| Long Term Disability | Standard |
| Short Term Disability | Standard |
| Flexible Spending Accounts | Medcom |
| Retirement Plans | Principal |





Option 1: HMO

| BLUE CROSS BLUE SHIELD | IN - NETWORK | |
|--|--------------------------------------|--|
| LIFETIME MAXIMUM | Unlimited | |
| CALENDAR YEAR DEDUCTIBLE | \$500 Individual / \$1,500 Family | |
| OUT-OF-POCKET MAXIMUM (Includes Deductible) | \$500 Individual / \$1,500 Family | |
| Physician's Services - Office Visit (PCP) | \$25 Copay | |
| Specialist | \$35 Copay | |
| Immunizations | \$25 or \$35 Copay | |
| Routine GYN Exam | \$25 or \$35 Copay | |
| OUTPATIENT SURGERY-Facility Charge | \$100 Facility Copay | |
| OUTPATIENT SURGERY-Physician | 100%, After Deductible | |
| HOSPITALIZATION | 100% After Deductible | |
| EMERGENCY ROOM (copay waived if admitted) | \$100 Copay | |
| DIAGNOSTIC / X-RAY / LAB / CT SCAN / MRI'S | 100%, After Deductible | |
| MATERNITY - First OBGYN Visit | \$35 Copay | |
| Hospital | 100%, After Deductible | |
| DURABLE MEDICAL EQUIPMENT | 100%, After Deductible | |
| CHIROPRACTIC CARE – 20 Visit Limit | \$15 Copay | |
| HOME HEALTH CARE (limited to 120 visits per year) | 100%, After Deductible | |
| SKILLED NURSING FACILITY (limited to 30 days per year) | 100%, After Deductible | |
| PRESCRIPTION DRUGS | | |
| Generic Copay | \$20 | |
| Preferred Brand Copay | \$35 | |
| Non – Preferred Brand Copay | \$60 | |
| Mail Order Service (90 day supply) Copay | \$60 (Excludes non-preferred) | |
| MENTAL HEALTH / SUBSTANCE ABUSE | | |
| Inpatient (limited to 30 days per year) | 100%, After Deductible | |
| Outpatient (limited to 20 visits per year) | \$35 Copay | |
| ROUTINE VISION EXAM | No Coverage | |



Option 2: POS

| BLUE CROSS BLUE SHIELD | IN - NETWORK | OUT – OF – NETWORK |
|---|--------------------------------------|---|
| LIFETIME MAXIMUM | Unlimited | \$5,000,000 |
| CALENDAR YEAR DEDUCTIBLE | \$500 Individual / \$1,500 Family | \$1,000 Individual / \$3,000 Family |
| OUT-OF-POCKET MAXIMUM (Includes Deductible) | \$500 Individual / \$1,500 Family | \$5,000 Individual / \$15,000 Family |
| Physician's Services - Office Visit (PCP) | \$25 Copay | 60%, After Deductible |
| Specialist | \$35 Copay | 60%, After Deductible |
| Immunizations | \$25 or \$35 Copay | 60%, After Deductible |
| Routine GYN Exam | \$25 or \$35 Copay | 60%, After Deductible |
| OUTPATIENT SURGERY-Facility Charge | \$100 Copay | 60%, After Deductible |
| OUTPATIENT SURGERY-Physician | 100%, After Deductible | 60%, After Deductible |
| HOSPITALIZATION | 100%, After Deductible | 60%, After Deductible |
| EMERGENCY ROOM (copay waived if admitted) | \$100 Copay | \$100 Copay |
| DIAGNOSTIC / X-RAY / LAB / CT SCAN / MRI'S | 100%, After Deductible | 60%, After Deductible |
| MATERNITY - First OBGYN Visit | \$100 Copay | 60%, After Deductible |
| Hospital | 100%, After Deductible | 60%, After Deductible |
| DURABLE MEDICAL EQUIPMENT | 100%, After Deductible | 60%, After Deductible |
| CHIROPRACTIC CARE – 20 Visit Limit | \$15 Copay | 60%, After Deductible |
| HOME HEALTH CARE (limited to 120 visits per year) | 100%, After Deductible | 60%, After Deductible |
| SKILLED NURSING FACILITY (limited to 30 days per year) | 100%, After Deductible | 60%, After Deductible |
| PRESCRIPTION DRUGS | | |
| Generic Copay | \$20 | 60%, After Deductible |
| Preferred Brand Copay | \$35 | 60%, After Deductible |
| Non – Preferred Brand Copay | \$60 | 60%, After Deductible |
| Mail Order Service (90 day supply) Copay | \$60 (excludes non-preferred) | No Coverage |
| MENTAL HEALTH / SUBSTANCE ABUSE | | |
| Inpatient (limited to 30 days per plan year) | 100%, After Deductible | No Coverage |
| Outpatient (limited to 20 visits per plan year) | \$35 Copay | No Coverage |
| ROUTINE VISION EXAM | No Coverage | No Coverage |



Option 3: PPO

| BLUE CROSS BLUE SHIELD | IN - NETWORK | OUT – OF – NETWORK |
|---|--|--|
| LIFETIME MAXIMUM | \$5,000,000 | \$5,000,000 |
| CALENDAR YEAR DEDUCTIBLE | \$500 Individual / \$1,500 Family | \$1,000 Individual / \$3,000 Family |
| OUT-OF-POCKET MAXIMUM (Includes Deductible) | \$2,500 Individual / \$7,500 Family | \$5,00 Individual / \$15,000 Family |
| Physician's Services - Office Visit (PCP) | \$25 Copay | 60%, After Deductible |
| Specialist | \$25 Copay | 60%, After Deductible |
| Immunizations | \$25 Copay | 60%, After Deductible |
| Routine GYN Exam | \$25 Copay | 60%, After Deductible |
| OUTPATIENT SURGERY | 80%, After Deductible | 60%, After Deductible |
| HOSPITALIZATION | 80%, After Deductible | 60%, After Deductible |
| EMERGENCY ROOM (copay waived if admitted) | \$100 Copay | 60%, After Deductible |
| DIAGNOSTIC / X-RAY / LAB / CT SCAN / MRI'S | 80%, After Deductible | 60%, After Deductible |
| MATERNITY - First OBGYN Visit | \$100 Copay | 60%, After Deductible |
| Hospital | 80%, After Deductible | 60%, After Deductible |
| DURABLE MEDICAL EQUIPMENT | 80%, After Deductible | 60%, After Deductible |
| CHIROPRACTIC CARE – 20 Visit Limit | 80%, After Deductible | 60%, After Deductible |
| HOME HEALTH CARE (limited to 120 visits per year) | \$25 Copay | 60%, After Deductible |
| SKILLED NURSING FACILITY (limited to 30 days per year) | 80%, After Deductible | 60%, After Deductible |
| PRESCRIPTION DRUGS | | |
| Generic Copay | \$20 | |
| Preferred Brand Copay | \$35 | |
| Non – Preferred Brand Copay | \$60 | |
| Mail Order Service (90 day supply) Copay | \$60 (Excludes Non- Preferred) | No Coverage |
| MENTAL HEALTH / SUBSTANCE ABUSE | | |
| Inpatient (limited to 30 days per year) | 80%, After Deductible | 60%, After Deductible |
| Outpatient (limited to 20 visits per year) | \$25 Copay | 60%, After Deductible |
| ROUTINE VISION EXAM | No Coverage | No Coverage |





Visit <u>www.standard.com</u> to find a dentist near you!

| BENEFITS | | |
|--|-------------------------------------|-------------------------------------|
| Class I Services | In-Network | Out-of-Network |
| Oral Exams Bitewing X-Rays Cleanings Fluoride Treatments | 100% | 100% Of the 80 th UCR |
| Class II Services | | |
| Panoramic X-Rays Sealants Fillings Simple Extractions | 80% | 8 0% Of the 80 th UCR |
| Class III Services (6 mo. waiting period applies) | | |
| Onlays Crowns Endodontics Periodontics Prosthodontics Complex Extractions Anesthesia | 50% | 50% Of the 80 th UCR |
| Orthodontics (Children Only) (Dependents to age 19 / 26 if student) | | |
| Diagnostic, Active, Retention Treatment | 50% | 50% Of the 80 th UCR |
| Program Maximums and Deductibles | | |
| Lifetime Orthodontic Maximum | \$1,000 | \$1,000 |
| Annual Program Maximum (per Person) | \$1,000 | \$1,000 |
| Annual Program Deductible (waived on Class I services) | \$50 per person \$150 per family | |
| Out-of- Network Reimbursement | - | 80 th UCR |



FREE Discount Vision Plan

| Benefit | Coverage |
|-----------------------|--|
| Exam | \$5 Off routine exam at participating providers/ \$10 Off contact lens exam |
| Standard Plastic Lens | \$50 Copay — Single Vision \$70 Copay — Bifocal \$105 Copay — Trifocal |
| Frames | 35% off retail prices |
| Contacts | 15% off retail prices (conventional only) |
| Lasik Surgery | 15% off retail prices or 5% off promotional prices |

EyeMed Buy Up Vision Insurance

100% Employee Paid

| 100% Employee Pala | | |
|---|---|--|
| Vision Care Service | In-Network | Out-of-Network (reimbursement) |
| Exam w/ Dilation | \$10 Copay | Up to \$35 |
| Contact Lens - Fit & Follow up | Up to \$40 | N/A |
| Frames | \$120 Allowance, then 20% off remaining balance | Up to \$48 |
| Standard Plastic Lenses Single Vision, Bifocal, Trifocal | \$25 Copay | Up to \$25, \$40, \$60 (respectively) |
| Lens Options | | |
| Tint, UV Coating, Scratch | \$12 | |
| Polycarbonate | \$35 | Not applicable |
| Anti-Reflective | \$40 | |
| Progressive | \$85 | |
| Contact Lens | \$0 Copay, \$135 allowance, 15% | \$95 |
| Conventional | off balance over \$135 | |
| Disposable | \$0 Copay, \$135 allowance | \$95 |
| Medically Necessary | \$0 Copay, Paid in full | \$200 |

Visit www.eyemedvisioncare.com to find a provider near you!



BASIC GROUP LIFE AND AD&D

Paid 100% by City of Dunwoody

| BENEFIT | COVERAGE |
|-----------------------------------|--|
| LIFE INSURANCE BENEFIT | 3 x Salary (Maximum of \$500,000) |
| ACCIDENTIAL DEATH & DISMEMBERMENT | 3 x Salary (Maximum of \$500,000) |
| GUARANTEE ISSUE | \$400,000 |
| AGE REDUCTION | 65% at Age 65 50% at Age 70 35% at Age 75 |
| ACCELERATED DEATH BENEFIT | 75% of Benefit |
| LINE OF DUTY BENEFIT | Public safety officers will receive an additional benefit if they suffer a loss due to a line of duty accident |
| SEAT BELT & AIRBAG BENEFIT | Included |
| PORTABILITY | Included |



LONG TERM DISABILITY INSURANCE

Paid 100% by City of Dunwoody

| Long Term Disability Benefit | Coverage |
|---|--|
| Benefit Amount | 60% of monthly earnings up to \$7,000 per month (no less than \$100 per month) |
| Benefits Begin | 91st day of an accident or sickness |
| Benefit Duration | To Social Security Normal Retirement Age |
| Own Occupation Definition | 24 Months |
| Survivor's Benefits | 3 x Benefit Amount |
| Partial Disability | Included |
| Pre-Existing Condition Exclusion | 6 month look back / 24 month exclusion |
| Maternity | Treated as any other illness |
| Rehabilitation / Return to Work Benefit | Included |

SHORT TERM DISABILITY INSURANCE

Paid 100% by City of Dunwoody

| Short Term Disability Benefit | Coverage |
|---|---|
| Benefit Amount | 60% of monthly earnings up to \$1,500 per week (no less than \$15 per week) |
| Benefits Begin | 8th day of an accident or sickness |
| Benefit Duration | 90 Days |
| Partial Disability | Included |
| Pre-Existing Condition Exclusion | None |
| Maternity | Treated as any other illness |
| Rehabilitation / Return to Work Benefit | Included |



FLEXIBLE SPENDING ACCOUNT

Plan Year: March 1, 2009-February 28, 2010

A flexible spending account allows you to use pre-tax payroll deductions to reimburse yourself for qualified medical and dependent care expenses (per IRS Section 213 D).

There are two types of accounts:

- **Medical Flexible Spending Account** for qualified healthcare expenses (including dental and vision).
- **Dependent Care Flexible Spending Account** for qualified child(ren) or elder care expenses to allow you to work or go to school.

Examples of eligible Medical FSA Expenses include, but are not limited to:

- Orthodontia treatment
- Rx co-payments
- Chiropractic Care
- Contraceptive Prescriptions
- Psychiatrist/Counseling
- Durable Medical Equipment
- Lasik Eye Surgery
- Medical Plan Deductible & Coinsurance

- Dental Plan Deductible & Coinsurance
- Contact solutions, cleaners
- Vision expenses
- Eye glasses, contact lenses
- Diabetic supplies
- Over the Counter Drugs

Be sure to plan for your medical expenses, as money in your account that remains unused at the end of the plan year will be forfeited...**USE IT OR LOSE IT RULE**. Also, be sure to keep all receipts for any items purchased using your FSA.

Contribution Limits:

- Medical FSA: \$2,500 / year
- Dependent Care FSA: \$5,000 / year



SAMPLE RETIREMENT PLAN

The City of Dunwoody provides our valued employees with a comprehensive retirement program consisting of a 457, a 401(a) plan, and a social security account. Principal Financial Group, a leader in Retirement Programs, provides administration for the City's plan.

- The 457 plan allows for employees to defer part of their pay on a taxdeferred basis into the investment of their choice.
- The 401(a) plan provides for a contribution on behalf of the City to each employee to save for retirement. Currently, this contribution is 10% of pay.
- The City will also contribute the social security withholding amount (6.2% for 2009) for each eligible employee into the investment of their choice. The plan allows each participant to select investments based upon individual risk tolerance. Several Lifetime portfolios are available, which ensure a proper investment mix.

In order to be eligible for the plans, employees must be age 21 or older. Additionally, employees must have fulfilled a 30 days of service with the City of Dunwoody. Employees are 100% vested in the plans after six months of service.

NOTES





MEDICAL WWW.BCBSGA.COM 800-770-6226



DENTAL, LIFE, and DISABILITY <u>WWW.STANDARD.COM</u> 800-547-9515



VISION <u>WWW.EYEMEDVISIONCARE.COM</u> 866- 839-3633





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